

## Daily Survey to Screen for COVID-19 Health Risks

Below are the self-screening questions for COVID-19. Before arriving for a BBC group ride you are required to take the screening and affirm to the ride leader that you answered “No” to each of these items. Each rider is accepting personal responsibility to answer these questions as honestly as possible.

1. In the last 48 hours, have you had any of the following symptoms? YES / NO

- Fever of 100.0 F (37.8 C) or higher
- Cough
- Shortness of breath, wheezing or trouble breathing
- Shaking with chills
- Muscle or body aches
- Sore throat
- New loss of smell or taste, or change in taste
- Nausea or vomiting
- Diarrhea
- Headache

2. In the last 14 days, have you been in close contact with someone who: YES / NO

- Has COVID-19
- Has COVID-19 SYMPTOMS
- Has had a positive COVID-19 vial test
- Close contact being 6 feet (2 meters) of someone for a cumulative total of 15 minutes.

3. Are you or someone you live with waiting for the results of a COVID-19 viral test? YES / NO

Note: If you tested positive for COVID-19 within the past 90 days and no longer have symptoms, you may answer ‘no’ to this question.

4. In the last 14 days, have you been told to quarantine or self-isolate by a health professional or government agency? YES / NO

5. Are you currently under a travel quarantine per federal, state or local order / advisory? YES / NO

**I read and acknowledge the above. By showing up to the ride I agree to the above conditions.**

## High Risk Groups

People who are:

- Risks
- 65 and older
- Immunocompromised
- Pregnant
- Being treated for cancer
- Solid organ donor recipients

People with:

- Asthma
- COPD or other severe lung/breathing conditions
- Chronic lung disease
- HIV
- Diabetes
- Kidney disease being treated with dialysis
- High blood pressure
- Severe heart conditions
- Liver disease
- Obesity BMI of 30 or above
- Rare diseases